

Eating out

Phrase bank

cookies
curry
fresh orange juice
fish and chips
dark chocolate

balanced
exotic
healthy
processed
hot
locally-produced
rich
vegetarian

acidic
bitter
spicy
greasy
sickly

Culture



Very spicy dishes, like curry, are popular in Britain. If food is spicy, people describe it as 'hot' or 'chilli-hot' to distinguish the taste from the temperature.



Language Note



When we talk about food that is typical of a place we use the word *dish*.

A common Italian plate is **spaghetti**.

A common Italian dish is **spaghetti**.

Vocabulary: food

- Look at the photos and label them using words from the Phrase bank.
- Read the adjectives in the box. Are they generally positive or negative? Use one to describe each of the foods in 1.

acidic bitter greasy sickly spicy

- Read the words in the Phrase bank. Write ...

- One antonym for each of words a-c ...
 - home-made _____
 - mild _____
 - low-fat _____
- Two words that describe where food comes from
- Three words that describe types of diet

- Read the words in the box and translate them into your language.

dishes healthy diet food allergies curry
sweet tooth nuts vegan diet vegetarian

- Use the words in 4 to complete the text about food in Britain.

HOME

ENGLAND

SCOTLAND

WALES

N. IRELAND

FORUM

The traditional British dish was a simple 'meat and two veg'. Fortunately, tastes have changed. The British are now more aware of the need for a (1) _____ and more people are choosing to give up meat and become (2) _____. Others go further and try not to eat any dairy products, like cheese or eggs. This is called a (3) _____.

The British also enjoy a lot of foreign (4) _____. Britain's historical connections with India explain why we British like spicy food, especially (5) _____.


British people are also famous for having a (6) _____. However, this fondness for cakes and biscuits may be related to increasing numbers of disorders like (7) _____ and diabetes. Intolerance to foods like (8) _____ and gluten are now quite common.



Speaking: talking about food

1 Read the questions. Think of one more question about food.

- 1 Do you normally eat home-made or convenience food?
- 2 If you eat out with friends, where do you go?
- 3 Have you ever tried English food? What was it?
- 4 Do you know any vegetarians?


2  In pairs, ask and answer the questions in 1. Use the Phrase bank to help you.

3 Use words from the Phrase bank to complete the food collocations.

cup and saucer fish _____ salt _____
 knife _____ bread _____ bacon _____
 strawberries _____ bangers _____

4  Listen and check. Pay attention to the pronunciation of 'and'.

5 Label the photos with the descriptions below.

- 1 A foreign student in a host family.
 - 2 Friends out for a meal.
 - 3 A customer and waiter.
- 6**  Listen to the people's conversations. What is the problem in each conversation?



Phrase bank

fast food restaurant
takeaway food

too sweet
too bitter
too greasy
too spicy

...and saucer
...and pepper
...and fork
...and chips
...and butter
...and eggs
...and cream
...and mash

a bit heavy
a bit sickly

Culture



Two traditional British meals are:


steak and kidney pie
with chips

bangers and mash
(sausages with pureed potatoes)


Pronunciation



/dʒ/ and /g/
sounds

a  Listen to the words. Which have the /dʒ/ sound and which have the /g/ sound?

allergy greasy
juice vegan

b  Read the words. Which have the /dʒ/ sound and which have the /g/ sound? Listen and check.

vegetarian gluten
burger sausages